

## Daily Measurements

7

Take one measurement each day unless advised otherwise by your healthcare provider. The LED will turn **RED** each morning and then turn **GREEN** once a measurement has been successfully transmitted.



For further assistance, please visit [Tenovi.com/support](https://tenovi.com/support).

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## Power Your Gateway

1

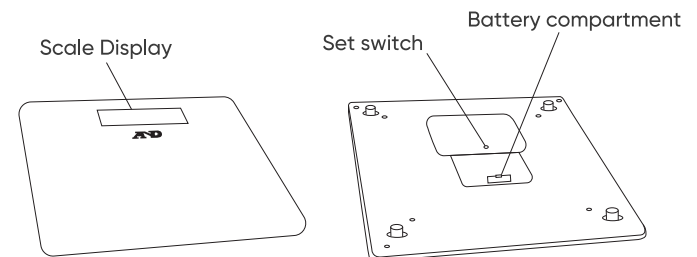
Plug your Gateway into a power outlet with the provided power cord and wait until the LED on the Gateway turns **RED**.



## Remove battery cover

2

Remove the battery cover on the back of the scale, and insert the **4 AAA batteries**.

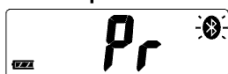


## Pairing Steps

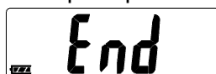
3

A&D Scales must pair to the Gateway before use. To pair the scale, press and hold the "Set" button on the back of the scale. Release the button when "Pr" is displayed on the screen and the Bluetooth symbol is flashing and a beep is heard. The scale will display "Set" and then "End" when complete and is now ready for use. This pairing process only needs to be done one time.

♪ Beep



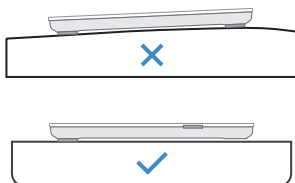
♪ Beep beep



## Scale Placement

4

Place the scale on a hard, even surface. Avoid using the device on carpet.

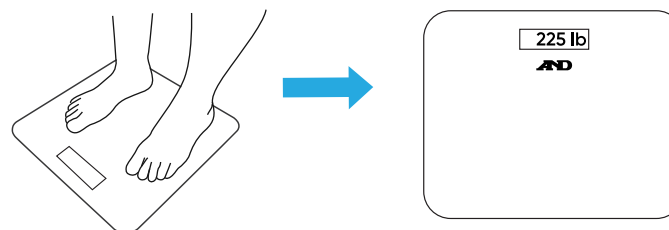


- A) Place your scale on a flat and hard surface.
- B) Do NOT place the scale on carpet or soft surface.

## Properly set up

5

**Step on the scale** and remain standing until the screen displays **"step Off."** Your weight will be displayed once you step off the scale.



## Take a measurement

6

When the measurement concludes, the Gateway will beep and the LED ring will turn **green**, indicating that you have properly taken a measurement, and that measurement was successfully transmitted.

