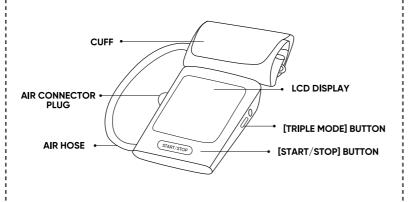
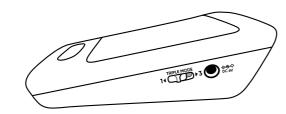
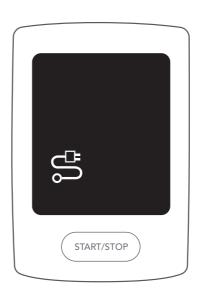


Remove the plastic tab from the battery compartment.

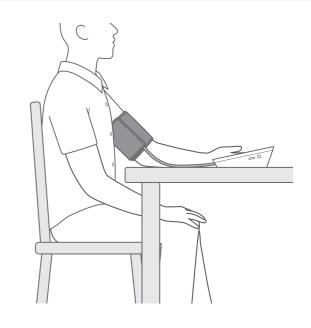




Make sure that the switch labeled "Triple Mode" on the right of the device is set to 1.



Ensure you push the cuff connector all the way in until it's fully seated in the slot. If not properly connected, the device may display an error.

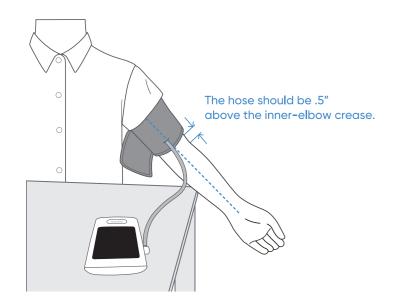


- a) Sit comfortably with your left arm resting on the table in front of you and your palm facing up.
- b) Keep your feet perpendicular to the floor and do not cross your legs.
- c) Sit quietly and take 5-6 deep breaths.

Fasten The Cuff

Take Your Measurment

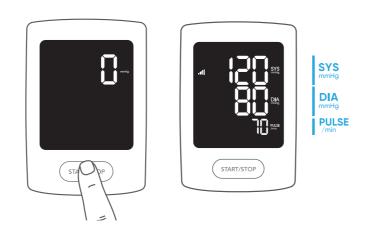
Successful Measurement



Fasten the cuff to your left upper arm directly on your skin.

Leave 0.5 inches between the cuff and your elbow joint. The hose should rest over your forearm.

Tighten the cuff enough to be able to fit just one finger between the cuff and your arm.



Press the "Start/Stop" button to inflate. Keep your body still and do not talk.

Wait until the final reading is displayed on the screen. If there is network connectivity the will apprear.



The device will display [] within 2 minutes if the measurement has been successfully transmitted. If not, your measurement will be stored and the device will try again following the next reading.

tenoví

Cellular Blood Pressure Monitor

Quickstart Guide