

For more information about your device, use your phone to scan the QR code above or visit our support site at tenovi.com/14

# tenoví

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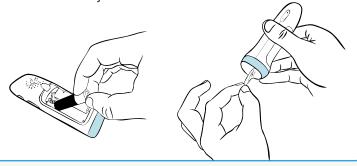
#### **Power Your Gateway**

**Plug your Gateway into a power outlet** with the provided power cord and wait until the LED on the Gateway turns RED.



## **Install Batteries and Setup**

Install batteries and remove the protective film from the flat end of the device. Turn on the device by holding down the **power button for three seconds**. Volume can be adjusted on the side.



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### Position your body

**Lay back** in a comfortable position on your bed with pillows behind your back. Cover the flat end of the device with a thin layer of Gel.





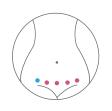
## Finding the baby's heart

Babies change positions. **Adjust the angle** until you hear the baby's heartbeat. If you aren't getting a good signal, **move to the next dot on the diagram** repeating the same hand motion until you hear the heartbeat loud and clear for a minimum of 6 seconds.





### Place the device on your belly







16 - 24 Weeks

24 - 32 Weeks

32 - 40 Weeks

Press the **flat end of the device** on the skin on the blue dot in the diagram. Apply enough pressure so the device maintains **full contact** with the belly.

## Transmitting the data

After getting a clear audio signal, the baby's heartrate will be transmitted to the Gateway and sent to your provider. Take a reading daily unless advised otherwise by your healthcare provider. The LED will turn RED at midnight and then turn GREEN once a measurement has been successfully transmitted.





Measurement Needed

Measurement Successful

6