

Daily Measurements

Take **one measurement** each day unless advised otherwise by your healthcare provider. The LED will turn **RED** each morning and then turn **GREEN** once a measurement has been successfully transmitted.



Measurement Needed



Measurement Successful

For further assistance, please
visit [Tenovi.com/support](https://tenovi.com/support).

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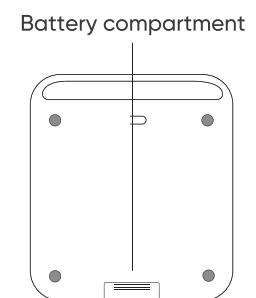
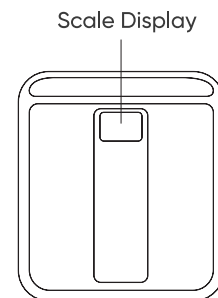
Power Your Gateway

Plug your Gateway into a power outlet with the provided power cord and wait until the LED on the Gateway turns **RED**.



Remove Battery Cover

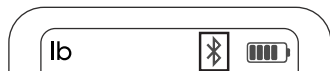
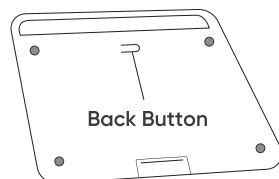
Remove the battery cover on the back of the scale, and insert the **4 AAA** batteries.



Pairing your Scale & Gateway

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With the gateway plugged in, **press the back button** on the scale to turn it on. Once the lights come on, **press the button again and hold down for three seconds** to trigger pairing mode. A blinking bluetooth symbol will appear on the scale screen. Once paired, the bluetooth symbol will stop blinking and appear with a box around it. The gateway will also beep once the pairing has been completed. **You only need to perform this step once.**



Properly set up

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Step on the scale and **remain standing** until your weight is displayed on the screen. Your weight measurement will automatically be sent to the Gateway.



Scale Placement

4

Place the scale on a **hard, even surface**. Avoid using the device on carpet.



- A) Place your scale on a flat and hard surface.
- B) Do NOT place the scale on carpet or soft surface.

Take a measurement

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When the measurement concludes, the Gateway will beep and the LED ring will turn **green**, indicating that you have properly taken a measurement, and that measurement was successfully transmitted.

